JUNE

CHEER ENERGY ALL-STARS

REMINDERS:

Please refer to cheer energy app and group chats for the most up-to-date practice times

All athletes must sign up for tumbling prior to attending the class

TUMBLING | PRACTICES/COMPETITIONS | STRETCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Tiny Tumble (5:15-6:00) Level 3+ (6:00-7:00) Level 2 (7:00-8:00) Level 1 (8:00-9:00) Parent Meeting (6:00-7:30)	3 Level 1 (5:00-6:00) Tiny Tumble (6:15-7:00) Level 3 (7:00-8:00) Level 2-3+ (8:00-9:00)	4 Level 1 (5:00-6:00) Level 2 (6:00-7:00) Level 3 (7:00-8:00) Level 4+ (8:00-9:00) Parent Meeting (6:00-7:30)	5 Level 1 (5:00-6:00) Level 3 (6:00-7:00) Level 1 (7:00-8:00) Level 2-3+ (8:00-9:00)	6	7
8	9 Tiny Tumble (5:15-6:00) Bomb Squad (5:30-7:00) Level 3+ (6:00-7:00) Ignite (6:00-7:00) Level 2 (7:00-8:00) Blackout (7:00-9:00) Shock (7:00-9:00) Level 1 (8:00-9:00)	10 Level 1 (5:00-6:00) Static (5:30-6:15) Tiny Tumble (6:15-7:00) G-Force (6:30-8:00) Level 3 (7:00-8:00) Level 2-3+ (8:00-9:00)	11 Level 1 (5:00-6:00) Sizzle (5:30-6:15) Level 2 (6:00-7:00) Electric (6:00-7:30) Level 3 (7:00-8:00) Level 4+ (8:00-9:00)	12 Level 1 (5:00-6:00) Nitro (5:30-7:00) Level 3 (6:00-7:00) Level 1 (7:00-8:00) Level 2-3+ (8:00-9:00)	13	14
15	16 Tiny Tumble (5:15-6:00) Bomb Squad (5:30-7:00) Level 3+ (6:00-7:00) Ignite (6:00-7:00) Level 2 (7:00-8:00) Blackout (7:00-9:00) Shock (7:00-9:00) Level 1 (8:00-9:00)	17 Level 1 (5:00-6:00) Static (5:30-6:15) Tiny Tumble (6:15-7:00) G-Force (6:30-8:00) Level 3 (7:00-8:00) Level 2-3+ (8:00-9:00)	18 Level 1 (5:00-6:00) Sizzle (5:30-6:15) Level 2 (6:00-7:00) Electric (6:00-7:30) Level 3 (7:00-8:00) Level 4+ (8:00-9:00)	19 Level 1 (5:00-6:00) Nitro (5:30-7:00) Level 3 (6:00-7:00) Level 1 (7:00-8:00) Level 2-3+ (8:00-9:00)	20	21
22	23 Tiny Tumble (5:15-6:00) Bomb Squad (5:30-7:00) Level 3+ (6:00-7:00) Ignite (6:00-7:00) Level 2 (7:00-8:00) Blackout (7:00-9:00) Shock (7:00-9:00) Level 1 (8:00-9:00)	24 Level 1 (5:00-6:00) Static (5:30-6:15) Tiny Tumble (6:15-7:00) G-Force (6:30-8:00) Level 3 (7:00-8:00) Level 2-3+ (8:00-9:00)	25 Level 1 (5:00-6:00) Sizzle (5:30-6:15) Level 2 (6:00-7:00) Electric (6:00-7:30) Level 3 (7:00-8:00) Level 4+ (8:00-9:00)	26 Level 1 (5:00-6:00) Nitro (5:30-7:00) Level 3 (6:00-7:00) Level 1 (7:00-8:00) Level 2-3+ (8:00-9:00)	27	28
29	30	1	2	3	4	5

GYM CLOSED

USA Independence Day est. 1776