

APR



REMINDERS:

Please refer to cheer energy app and group chats for the most up-to-date practice times

All athletes must sign up for tumbling prior to attending the class

■ TUMBLING

■ PRACTICES/COMPETITIONS

■ STRETCH

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

31

HAPPY EASTER

1

Tiny Tumble (5:15-6:00)
Level 3+ (6:00-7:00)
Bombsquad (6:00-7:00)
G-Force (6:15-8:00)
Stretch (6:30-7:15)
Level 1 (7:00-8:00)
Blackout (7:00-9:00)
Level 2 (8:00-9:00)

2

Level 2-3 (5:00-6:00)
Solar (5:30-6:15)
Static (5:30-6:15)
Level 1 (6:00-7:00)
Explosion (6:15-7:00)
ITC: Ages 4-7 (6:15-7:15)
Level 1-2 (7:00-8:00)
Knockout (7:15-8:45)
Level 4+ (8:00-9:00)

3

Kinetic, Blaze, Gamma (10:00-2:00)
Solar (5:30-6:15)
Level 2 (5:00-6:00)
Sizzle (5:30-6:45)
Level 1 (6:00-7:00)
ITC: Ages 8-12 (6:00-7:00)
Level 1-2 (7:00-8:00)
Bombsquad (7:00-9:00)
Fury (7:00-9:00)
Level 3+ (8:00-9:00)

4

Level 1 (5:00-6:00)
Stretch (5:00-5:45)
Gamma (5:30-7:15)
Kinetic (5:30-7:30)
Level 2 (6:00-7:00)
Level 1-2 (7:00-8:00)
G-Force (7:00-8:30)
Blaze (7:00-9:00)
Level 3+ (8:00-9:00)

5

6

7

Kinetic (1:00-2:30)
G-Force (2:30-4:30)
Blaze (3:00-4:30)
Bombsquad (4:30-6:30)
Gamma (5:30-7:30)
Blackout (6:30-8:30)

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Tiny Tumble (5:15-6:00)
Gamma (5:15-6:30)
Level 3+ (6:00-7:00)
Bombsquad (6:00-7:00)
G-Force (6:15-8:00)
Stretch (6:30-7:15)
Level 1 (7:00-8:00)
Blackout (7:00-9:00)
Kinetic (7:30-8:30)
Level 2 (8:00-9:00)

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Level 2-3 (5:00-6:00)
Solar (5:30-6:15)
Static (5:30-6:15)
EXPLOSION, ITC: AGES 4-7 & ITC: AGES 8-12
SHOWCASE (6:15-7:15)
Level 1-2 (7:00-8:00)
Knockout (7:15-8:45)
Level 4+ (8:00-9:00)

10

Level 2 (5:00-6:00)
Sizzle (5:30-6:45)
Level 1 (6:00-7:00)
Level 1-2 (7:00-8:00)
Bombsquad (7:00-9:00)
Fury (7:00-9:00)
Level 3+ (8:00-9:00)

11

Stretch (5:00-5:45)
Gamma (5:30-7:15)
Kinetic (5:30-7:30)
G-Force (7:00-8:30)
Blaze (7:00-9:00)

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MAXIMUM
CHEER AND DANCE
CHEROKEE, NC
(All Teams)

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MAXIMUM
CHEER AND DANCE
CHEROKEE, NC
(Gamma, G-Force, Kinetic, Fury, Bombsquad, Blaze, Blackout)

15


Tiny Tumble (5:15-6:00)
Gamma (5:15-6:30)
Level 3+ (6:00-7:00)
Bombsquad (6:00-7:00)
G-Force (6:15-8:00)
Stretch (6:30-7:15)
Level 1 (7:00-8:00)
Blackout (7:00-9:00)
Kinetic (7:30-8:30)
Level 2 (8:00-9:00)

16

Level 2-3 (5:00-6:00)
Solar (5:30-6:15)
Static (5:30-6:15)
Level 1 (6:00-7:00)
Sizzle (6:15-7:15)
Blaze (6:15-7:15)
Level 1-2 (7:00-8:00)
Knockout (7:15-8:45)
Fury (7:00-9:00)
Level 4+ (8:00-9:00)


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BID ROUND
ORLANDO, FL
(Bombsquad, Blaze, Blackout)

19




FINALS
ORLANDO, FL
(Bombsquad, Blaze, Blackout)

20



BID ROUND
ORLANDO, FL
(Gamma, G-Force, Kinetic)

21



FINALS
ORLANDO, FL
(Gamma, G-Force, Kinetic)

22

Tiny Tumble (5:15-6:00)
Level 3+ (6:00-7:00)
Stretch (6:30-7:15)
Level 1 (7:00-8:00)
Level 2 (8:00-9:00)

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Level 2-3 (5:00-6:00)
SOLAR, STATIC, SIZZLE, KNOCKOUT, FURY
SEND-OFF (6:30-8:00)
LEVEL 4+(8:00-9:00)

24

Level 2 (5:00-6:00)
Level 1 (6:00-7:00)
Level 1-2 (7:00-8:00)
Level 3+ (8:00-9:00)

25

Level 1 (5:00-6:00)
Stretch (5:00-5:45)
Level 2 (6:00-7:00)
Level 1-2 (7:00-8:00)
Level 3+ (8:00-9:00)

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MAXIMUM
CHEER AND DANCE
CHARLESTON, SC
(Solar, Static, Sizzle, Knockout, Fury)

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MAXIMUM
CHEER AND DANCE
CHARLESTON, SC
(Fury)

29

Tiny Tumble (5:15-6:00)
Level 3+ (6:00-7:00)
Stretch (6:30-7:15)
Level 1 (7:00-8:00)
Level 2 (8:00-9:00)

30

Level 2-3 (5:00-6:00)
Level 1 (6:00-7:00)
Level 1-2 (7:00-8:00)
Level 4+ (8:00-9:00)

1

Level 2 (5:00-6:00)
Level 1 (6:00-7:00)
Level 1-2 (7:00-8:00)
Level 3+ (8:00-9:00)

2

Level 1 (5:00-6:00)
Stretch (5:00-5:45)
Level 2 (6:00-7:00)
Level 1-2 (7:00-8:00)
Level 3+ (8:00-9:00)

3

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