

JUNE



REMINDERS:

Please refer to cheer energy app and group chats for the most up-to-date practice times

All athletes must sign up for tumbling prior to attending the class

■ TUMBLING
 ■ PRACTICES/COMPETITIONS
 ■ STRETCH/JUMP

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31 SEASON 19 TEAM REVEAL	1 Tiny Tumble (5:15-6:00) Level 3+ (6:00-7:00) Level 2 (7:00-8:00) Level 1-2 (8:00-9:00)	2 Parent Meeting 6:30	3 Level 1 (5:00-6:00) Level 2 (6:00-7:00) Level 2-3 (7:00-8:00)	4 Level 1 (5:00-6:00) Level 3+ (6:00-7:00) Level 1-2 (7:00-8:00) Level 2-3+ (8:00-9:00)		
7	8 Level 2-3 (5:00-6:00) Bomb Squad (5:45-7:15) G-Force (5:45-7:15) Level 3+ (6:00-7:00) Level 1-2 (7:00-8:00) Blackout (7:00-9:00) Surge (7:00-9:00) Stretch (8:00-8:30)	9 Level 1 (5:00-6:00) Nitro (5:45-7:00) Level 2-3 (6:00-7:00) Static (6:30-7:30) Level 1-2 (7:00-8:00) Electric (7:00-8:30) Level 3+ (8:00-9:00)	10 Tiny Tumble (5:00-5:45) Level 2-3 (6:00-7:00) Level 1-2 (7:00-8:00) Jump Cond (8:00-8:30)	11 Level 1-2 (5:00-6:00) Atomic (5:30-7:00) Level 2-3 (6:00-7:00) Level 1 (7:00-8:00)	12	13
14	15 Level 2-3 (5:00-6:00) Bomb Squad (5:45-7:15) G-Force (5:45-7:15) Level 3+ (6:00-7:00) Level 1-2 (7:00-8:00) Blackout (7:00-9:00) Surge (7:00-9:00) Stretch (8:00-8:30)	16 Level 1 (5:00-6:00) Nitro (5:45-7:00) Level 2-3 (6:00-7:00) Static (6:30-7:30) Level 1-2 (7:00-8:00) Electric (7:00-8:30) Level 3+ (8:00-9:00)	17 Tiny Tumble (5:00-5:45) Level 2-3 (6:00-7:00) Level 1-2 (7:00-8:00) Jump Cond (8:00-8:30)	18 Level 1-2 (5:00-6:00) Atomic (5:30-7:00) Level 2-3 (6:00-7:00) Level 1 (7:00-8:00)	19	20
21	22 Level 2-3 (5:00-6:00) Bomb Squad (5:45-7:15) G-Force (5:45-7:15) Level 3+ (6:00-7:00) Level 1-2 (7:00-8:00) Blackout (7:00-9:00) Surge (7:00-9:00) Stretch (8:00-8:30)	23 Level 1 (5:00-6:00) Nitro (5:45-7:00) Level 2-3 (6:00-7:00) Static (6:30-7:30) Level 1-2 (7:00-8:00) Electric (7:00-8:30) Level 3+ (8:00-9:00)	24 Tiny Tumble (5:00-5:45) Level 2-3 (6:00-7:00) Level 1-2 (7:00-8:00) Jump Cond (8:00-8:30)	25 Level 1-2 (5:00-6:00) Atomic (5:30-7:00) Level 2-3 (6:00-7:00) Level 1 (7:00-8:00)	26	27
28	29	30	1	2	3	4

Gym Closed - Happy Independence Day