

# APR



## REMINDERS:






Please refer to cheer energy app and group chats for the most up-to-date practice times

All athletes must sign up for tumbling prior to attending the class

■ TUMBLING

■ PRACTICES/COMPETITIONS

■ STRETCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31 Tiny Tumble (5:15-6:00) Bomb Squad (5:30-7:00) Fury (5:30-7:00) Level 2-3+ (6:00-7:00) Blackout (7:00-9:00) Shock (7:00-8:30) Level 1-2 (7:00-8:00) Level 1 (8:00-9:00)	1 Level 1-2 (5:00-6:00) Solar (5:30-6:15) Level 1 (6:00-7:00) Nitro (6:15-7:45) G-Force (6:30-7:30) Level 2-3+ (7:00-8:00) Bomb Squad (7:30-9:00) Flyer Flex (7:30-8:00) Stretch (8:00-8:30) Level 2-3+ (8:00-9:00)	2 Level 1 (5:00-6:00) Static (5:30-6:15) Level 1-2 (6:00-7:00) Electric (6:15-7:30) Flyer Flex (6:30-7:00) Stretch (7:00-7:30) Level 2-3+ (7:00-8:00) Fury (7:30-9:00) Stunt Class (8:00-9:00)	3 Level 1-2 (5:00-6:00) G-Force (5:30-8:00) Gamma (5:30-7:00) Level 1 (6:00-7:00) Level 2-3+ (7:00-8:00) Knockout (7:00-8:30) Level 2-3+ (8:00-9:00)	4	5
6 Shock (2:00-4:00) G-Force (4:00-6:00) Blackout (5:00-7:00)	7 Tiny Tumble (5:15-6:00) Bomb Squad (5:30-7:00) Fury (5:30-7:00) Level 2-3+ (6:00-7:00) Blackout (7:00-9:00) Shock (7:00-8:30) Level 1-2 (7:00-8:00) Level 1 (8:00-9:00)	8 Level 1-2 (5:00-6:00) Solar (5:30-6:15) Level 1 (6:00-7:00) Nitro (6:15-7:45) G-Force (6:30-7:30) Level 2-3+ (7:00-8:00) Bomb Squad (7:30-9:00) Flyer Flex (7:30-8:00) Stretch (8:00-8:30) Level 2-3+ (8:00-9:00)	9 Level 1 (5:00-6:00) Static (5:30-6:15) Level 1-2 (6:00-7:00) Electric (6:15-7:30) Flyer Flex (6:30-7:00) Stretch (7:00-7:30) Level 2-3+ (7:00-8:00) Fury (7:30-9:00) Stunt Class (8:00-9:00)	10 Level 1-2 (5:00-6:00) G-Force (5:30-8:00) Gamma (5:30-7:00) Level 1 (6:00-7:00) Level 2 (7:00-8:00) Knockout (7:00-8:30) Fury (7:30-8:30) Level 2-3+ (8:00-9:00)	11 Fury (6:00-8:00)	12
13 Blackout (11:00-1:00) Shock (2:00-4:00) Bomb Squad (2:00-4:00) Electric (2:00-4:00)	14 G-Force (6:00-7:00)	15  ALL-STAR WORLDS ORLANDO, FL G-Force & Blackout Bid Round	16  ALL-STAR WORLDS ORLANDO, FL G-Force & Blackout Finals Bomb Squad (6:00-7:00) Fury (7:00-8:30) Shock (Tentative 6:00-7:00)	17  ALL-STAR WORLDS ORLANDO, FL Fury, Bomb Squad, Shock Bid Round	18  ALL-STAR WORLDS ORLANDO, FL Fury, Bomb Squad, Shock Finals	19
20 	21 Tiny Tumble (5:15-6:00) Gamma (5:30-7:00) Level 2-3+ (6:00-7:00) Nitro (6:45-8:15) Level 1-2 (7:00-8:00) Level 1 (8:00-9:00)	22 Level 1-2 (5:00-6:00) Solar (5:30-6:15) Static (5:30-6:15) Level 1 (6:00-7:00) Knockout (6:00-8:00) Electric (6:15-7:30) Level 1-2 (7:00-8:00) Flyer Flex (7:30-8:00) Stretch (8:00-8:30) Level 2-3+ (8:00-9:00)	23 Electric (9:00-11:00) Static (11:00-12:30) Level 1 (5:00-6:00) Level 1-2 (6:00-7:00) Flyer Flex (6:30-7:00) Stretch (7:00-7:30) Level 2-3+ (7:00-8:00) Stunt Class (8:00-9:00)	24 Level 1-2 (5:00-6:00) Level 1 (6:00-7:00) Level 2 (7:00-8:00) Level 2-3+ (8:00-9:00)	25	26 <b>MAXIMUM</b> CHEER AND DANCE MAXIMUM NATIONALS CHARLESTON, SC (Solar, Static, Electric, Gamma, Knockout, Nitro)
27 <b>MAXIMUM</b> CHEER AND DANCE MAXIMUM NATIONALS CHARLESTON, SC (Electric, Gamma, Nitro)	28 Tiny Tumble (5:15-6:00) Level 2-3+ (6:00-7:00) Level 1-2 (7:00-8:00) Level 1 (8:00-9:00)	29 Level 1-2 (5:00-6:00) Level 1 (6:00-7:00) Level 1-2 (7:00-8:00) Flyer Flex (7:30-8:00) Stretch (8:00-8:30) Level 2-3+ (8:00-9:00)	30 Level 1 (5:00-6:00) Level 1-2 (6:00-7:00) Flyer Flex (6:30-7:00) Stretch (7:00-7:30) Level 2-3+ (7:00-8:00) Stunt Class (8:00-9:00)	1 Level 1-2 (5:00-6:00) Level 1 (6:00-7:00) Level 2 (7:00-8:00) Level 2-3+ (8:00-9:00)	2	3